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Tex-Mex dishes in the service window at Blue Moon Mexican Restaurant.

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 By Gene Fowler

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The Cedar Choppers
 By Ken Roberts

NEXT MONTH

Palo Duro Love Letters Georgia O'Keeffe's paintings captured the Panhandle; her wistful writings brought it to life.



TEX-MEX: JODY HORTON. BRUSHES: SANJA | STOCK.ADOBE.COM



ON THE COVER Lunch at Blue Moon Mexican Restaurant: crispy pork cutlets and tender short ribs. Photo by Jody Horton

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Love and Recoiling

I know this article [*A Snake To Love*, April 2020] is full of truth and facts, but I'm not reading it. I don't care what kind it is or how beneficial—my (somewhat) reasonable mind just hates them.
LISA FLOWERREE BIGON | VIA FACEBOOK

I hate snakes, but if they're moving away from me, I let them go.
JANE TALCOTT | VIA FACEBOOK

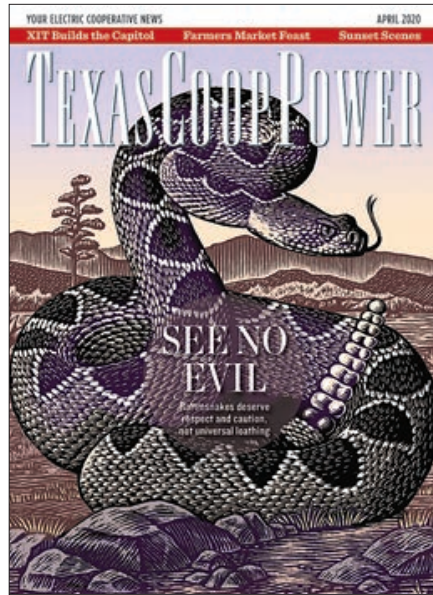
Last summer, one was in my kitchen a foot from where I was standing while I investigated the weird noise that sounded like water running or static. I finally glanced under the counter, screamed and ran. My husband put him in a trash can and released him far away.
SUZANNE ROTH FULTON | VIA FACEBOOK

I've learned to respect and give them their space. A rattler will warn you before it strikes out of self-defense. A human snake will strike without warning out of pure malice.
JON RUNNELLS | VIA FACEBOOK

They will bite horses, cows, dogs, you name it. They are kind of like reptile land mines.
SAM YEATES | VIA FACEBOOK

The rattler is one of Mother Nature's mistakes. A rattler can kill creatures, including humans, that it cannot eat.
DONALD DIETZ | BOERNE BANDERA EC

Growing up in Louisiana, in my youth I dispatched poisonous snakes, usually water moccasins. As I aged, I began to see my actions as those of a person ignorant of the ecosystem.



Rattler Respect

When I laid eyes on the April cover, Mike Leggett immediately came to mind [*A Snake To Love*, April 2020]. I enjoyed his column so much in the *Austin American-Statesman*. Back in the day, I learned from him to appreciate rattlers, along with other snakes, and have always let them be because he made clear their importance in my own slice of the Hill Country ecosystem.

MELODIE GREIDER | DRIPPING SPRINGS | PEDERNALES EC

Now, I make amends for the sins of my youth by teaching my children (5 and 9) these lessons, without any animals being harmed.

You also might be pleased to know that your article has turned into a science lesson for my children while they home-school during the shelter-in-place policy of March and April.

LORNE DAVISON | CEDAR PARK PEDERNALES EC

Mike Leggett repeats a dangerous myth that I have heard all my life and have been guilty of spreading myself.

I am a physician and have been involved in the treatment of coral snake bites. The stories told me by the victims caused me to research the capabilities of these small reptiles beyond what is "common knowledge." These beautiful little guys, while shy and nonaggressive, can

bite you and envenomate you in less than a heartbeat. No chewing required.

BILL CLARK | GEORGETOWN BARTLETT EC

Recipes to the Rescue

The Zucchini Taco Boats With Chicken was an excellent recipe [*Farmers Market*, April 2020]. It was easy to make and made a

lot. We had enough to share with our next-door neighbors.

I appreciate these easy recipes during the COVID-19 threat. We had everything we needed to make a delicious meal during these tough times.

AL MAGNESS | AUSTIN PEDERNALES EC



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THE ARTS

Heads of State

David Adickes, who created the 67-foot-tall Sam Houston statue in Huntsville, is donating 44 presidential busts that he sculpted, each 18–20 feet tall and weighing 11,000–20,000 pounds, to the **H.E.A.R.T.S. VETERANS MUSEUM OF TEXAS**. The museum, in **HUNTSVILLE**, is in the midst of a fundraising campaign to install a park and display the busts.

This is the third set of presidential busts Adickes has created. The other two were in parks in South Dakota and Virginia, though the parks have since gone, well, bust.

They are made of foam, layers of concrete and reinforced steel. Adickes, 93, has said Abraham Lincoln is his favorite and the easiest to create because his features are so distinct. Gerald R. Ford's facial features lacked sharp details, making him the hardest to depict.

INFO ▶ (936) 295-5959, heartsmuseum.com

NATURE

The Crape Crusader

Our February feature *Crape Murder* caught the eye of Neil Sperry, perhaps Texas' foremost expert on gardening and horticulture, who says there is hope for severely pruned crape myrtles.

"I thought you might enjoy seeing how a formerly topped crape myrtle can be restored," wrote Sperry, a member of Grayson-Collin Electric Cooperative and resident of McKinney. "Cut it flush with the ground in the winter. Let the many new sprouts regrow the first season. Thin them to 10–12 [sprouts] the second spring. Leave the 3–5 best ones to become the new trunks going into the third year."

Sperry, a board member of the Crape Myrtle Trails of McKinney, included this photo of Beverly Cain's tree in Lubbock in its third summer, below.



FINISH THIS SENTENCE

To me, being a Texan means . . .



► **Tell us how** you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your city and co-op.

Below are some of the responses to our April prompt: **I never should have told my parents ...**

I know what I'm doing.
VICTORIA LANGLEY | BRAZORIA | JACKSON EC

You can send me to college, but you can't make me think.
VAL LOFTIN | CISCO | CECA

That I could fix the toilet, so there was no need to hire a plumber.
ANGELA BRUCE | HUNTSVILLE | MIDSOUTH EC

About my job as a radio tower climber in Nacogdoches.
ANTHONY PIWETZ | VICTORIA | NUECES EC

That a dachshund puppy "just followed me home." That was a lie!
PATRICIA HEFTI | BRYAN | BRYAN TEXAS UTILITIES

To see more responses, read Currents on our website.

HISTORY LESSON

Mother of All Parks

Mother Neff State Park, one of Texas' first state parks, opened in 1937 near Temple. Check out the photos readers sent us from state parks in Focus on Texas, Page 34.

ACADEMICS

More Critter Care

The Texas Higher Education Coordinating Board in December paved the way for Texas Tech University to open the state's second veterinary school. The campus, in Amarillo, will open in 2021.

Did you know?

Texas A&M University opened the state's first vet school in 1916.




BY THE NUMBERS

June 3 is NATIONAL EGG DAY.
Texas chickens produced more than **6 billion** eggs in 2018.*

*6,108,500,000 to be eggsact.

BUST: SCOTT OLSON | GETTY IMAGES; GRAPE NYRILE; COURTESY NEIL SPERRY; HAT: OLIVIER LE QUEINEC | SHUTTERSTOCK.COM; ANIMALS: ERIC ISSELEE | SHUTTERSTOCK.COM; EGGS: SARYRENKO3 | DREAMSTIME.COM

BY SHERYL SMITH-RODGERS
ILLUSTRATION BY TRACI DABERKO

EXPERTS AROUND THE STATE
ARE TRYING TO REVIVE
POPULATIONS OF THE BELOVED
AND THREATENED

HORNY TOAD

THE LIZARD BRIGADE

INCH BY INCH, wildlife biologist Jim Gallagher eyeballed the grassy turf around his boots. So far, several days of scouring the same plot at Mason Mountain Wildlife Management Area had turned up nothing. Still, he kept up his search. Alert to any movement, Gallagher scanned dry patches of dirt, clumps of buffalo grass and trailing morning-glory vines.

Then a spiny critter no bigger than a quarter scuttled across the clay loam. “Oh, my God,” he exclaimed. “There’s a horned lizard!”

The tiny reptile was the first of several that Gallagher would count in April 2019. For the first time, Texas horned lizards—captive-bred at the Fort Worth Zoo in 2018 and released as hatchlings into the wild—had successfully hibernated through winter and survived into spring. Researchers celebrated the news.

“We were jazzed,” says Diane Barber, the zoo’s curator of ectotherms (coldblooded animals). “That meant more of the 132 that we released probably survived, too.” Since 2000, she and her team, in collaboration with the Texas Parks and Wildlife Department, Texas Christian University and other Texas zoos, have pioneered care and breeding techniques for wild-caught horned lizards. Together, the coalition is working to reverse the dwindling numbers of the threatened species, which are also called horned frogs and horned toads.

More than 40 years ago, “horny toads” thrived in Texas. Back

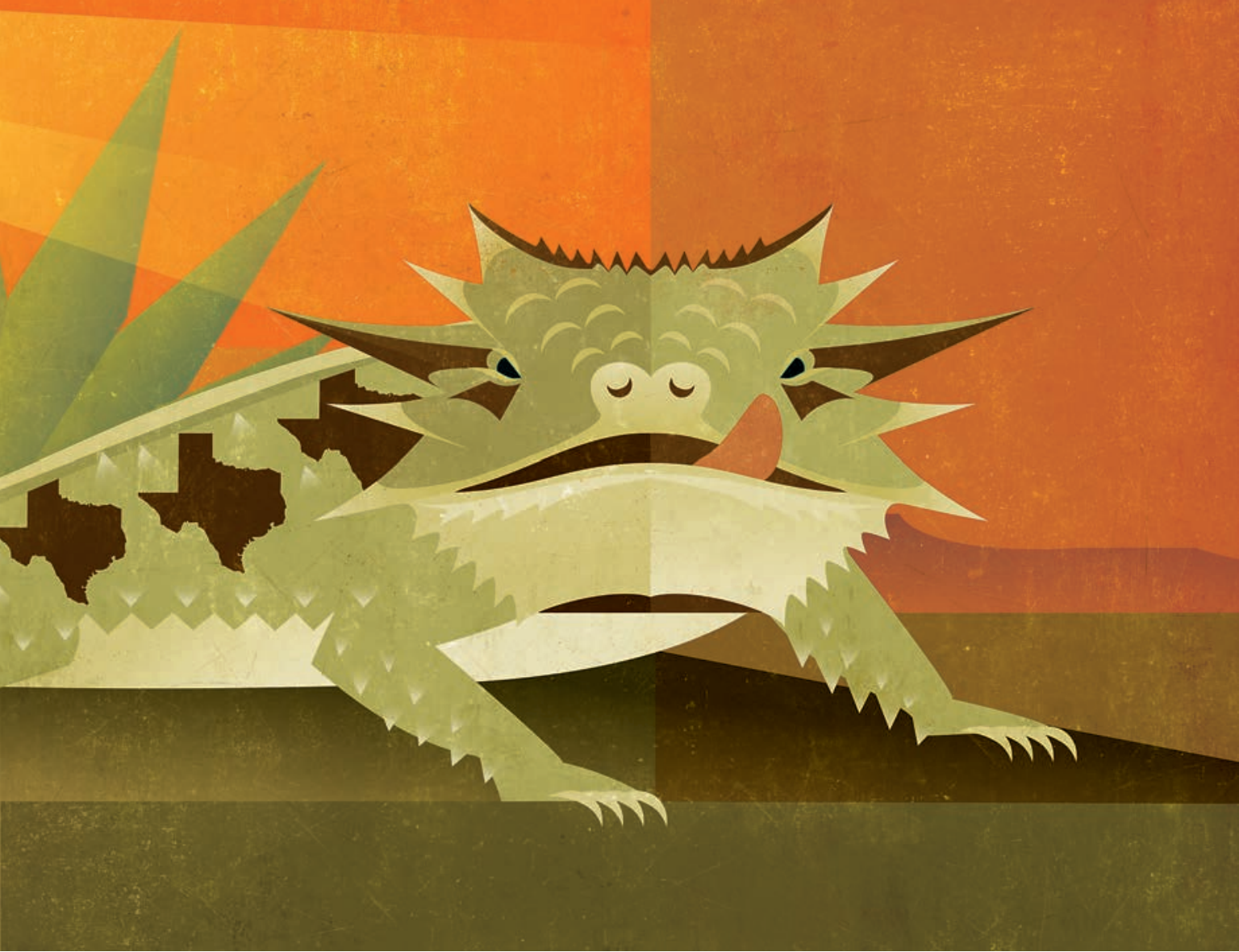
then, the fierce-looking mini dinosaurs ranged across the state. Countless youngsters caught them near their homes. Few people realized the lizards ate the red harvester ants that bulldozed bald spots in yards and landscapes.

Enter pesticides, urbanization and fire ants, to name a few culprits. Horned lizards began to disappear. Today, they’re mostly gone east of a line that can be drawn from Fort Worth to Corpus Christi. “I believe loss of habitat is the biggest reason for their decline,” says Leslie Nossaman, president of the Horned Lizard Conservation Society. “Plus, people still kill harvester ants, which provide a lot of food for horned lizards.”

Since 1991, the conservation society has spread awareness of 17 North American species of horned lizards, found from southern Mexico into southern Canada. Most are protected. Texas claims three species. Best known is the Texas horned lizard, designated as the state reptile in 1993. Two other species live in far west regions: the greater short-horned and the roundtail horned.

“We have permitted handlers who rehabilitate injured lizards and relocate ones that get picked up,” Nossaman says. “People should never pick up horned lizards in the wild. They do not make good pets and will not survive if taken out of their environment. But if they’ve accidentally picked one up, we’ll help them relocate it to the right habitat.”

The conservation society also funds horned lizard research



and conservation projects. For example, one of six grants awarded in 2019 underwrote a pilot project that's training dogs to sniff out horned lizards in the field. "We plan to use these detection dogs to determine if a site already has an existing population of horned lizards," says Andy Gluesenkamp, director of conservation and research at the San Antonio Zoo. "They'll also help us find wild lizards for our breeding program and search for released lizards so we can monitor their success."

Conservation efforts at the zoo have focused on southern populations of horned lizards, while similar projects at the Fort Worth and Dallas zoos work with northern populations. The populations differ genetically, according to biology professor Dean Williams, who's mapped out lizard genetics across the state and leads TCU's Horny Toad Project.

MEANWHILE, Gluesenkamp aims to produce hundreds of hatchlings in the zoo's "lizard factory," a climate-controlled laboratory for breeding and rearing baby horned lizards. Females typically lay clutches of 12–30 eggs once a year. "Our plan is to release 100 young lizards per site per year for three years," he says. "Then we'll follow up with 25 hatchlings every other year." Sites must be 200–250 acres in size and encompass high-quality lizard habitat of native grasses, shrubs, harvester ants or desert

termites, and few or no fire ants. So far, two locations in Blanco County are being managed for horned lizard releases.

In 2019, San Miguel Electric Cooperative donated \$10,000 toward Gluesenkamp's research. "Since the 1980s, we have surveyed for horned lizards in areas we plan to mine," says Dave Burris, fuels manager with the San Miguel Lignite Mine in Atascosa and McMullen counties. "We perform relocations for potentially affected species and also make our sites available to horned lizard researchers at Texas Christian University."

So do folks who live in Kenedy, the horned lizard capital of Texas. Oodles of the reptiles once lived in town. Though their numbers have shrunk, local love for them hasn't. "Every summer, we host scientists from TCU who do DNA studies on horned toads here in Karnes County," says Wade Phelps, a dentist who oversees the Horned Toad Club of Kenedy. "We're also carving out a horned toad habitat demonstration site in our new Escondido Creek Parkway project."

The future looks brighter for the Texas horned lizard. "They're a keystone species," notes Nathan Rains, a wildlife diversity biologist with the TPWD. "The habitat they prefer benefits quail, turkey and songbirds, too. Since we all love horned lizards, it's a win-win for everyone."

Sheryl Smith-Rodgers of Blanco spent many hours as a child playing with horned lizards found around her Corpus Christi home.



WE BRAKE FOR *Queso*

Story by Paula Disbrowe | Photos by Jody Horton

A belt-busting, cheese-topped tour of the best Tex-Mex dishes in San Antonio, ground zero for the beloved cuisine

Spend any time away from the Lone Star State, and chances are you'll begin to crave bubbling cheese-and-onion enchiladas, potent margaritas and spicy salsas. We're talking Tex-Mex, of course, the regional cuisine that was born in Texas and has become our most beloved comfort food. Although the cuisine's popularity has spread well beyond our borders, we love what we get at home.

San Antonio is the epicenter of Tex-Mex culture and cuisine. The hearty, homey recipes there were created in restaurants run by first- and second-generation Mexican immigrants during the first third of the 20th century.

“Tex-Mex is a glorious yet overlooked cuisine,” says Edmund Tijerina, contributor for *San Antonio Magazine* and former food editor for the *San Antonio Express-News*. “A lot of people look down on it because it’s not ‘authentic’ Mexican. Here’s the thing: It’s not Mexican. It’s Mexican American, and it reflects the history, geography and cultures of South Texas, San Antonio specifically.”

The cuisine’s influences are broad, Tijerina tells me, and range from the indigenous use of corn and beans and techniques of pit cooking to the processed foods of the 20th century. “There’s the home cooking of South Texas and northern Mexico,” he says, “simple dishes that many Mexican Americans like me grew up on, and there’s the Mexican-inspired restaurant cooking created by Anglo business owners a century ago of greasy enchiladas and queso dip.”

Until the early 1970s, the cuisine was generally referred to as “Mexican.” Then the term Tex-Mex emerged, stuck and gained national attention, bolstering the dishes with regional pride and a sense of place.

With the enviable charge of tracking down the best incarnations of eight iconic dishes in one day, photographer Jody Horton and I left Austin before dawn and headed toward breakfast in the Alamo City.

◀ **An enchilada combination plate at Jacala.**



El Milagrito Cafe

HUEVOS RANCHEROS



Years ago, I asked my friend Elizabeth Fauerso, a San Antonio native, where locals go for the best huevos rancheros. She sent me to El Milagrito Cafe, and it’s been a favorite ever since. Since 1969, the casual, diner-style restaurant has been griddling homemade tortillas and serving breakfast and lunch plates to a loyal clientele. El Milagrito is best known for hefty breakfast plates like huevos rancheros (two eggs cooked to order, served on crispy corn tortillas and bathed in bright red sauce) served with additional tortillas (for scooping up everything else on the plate), smoky refried beans and the arguable star, *papas con chorizo*—potatoes fried with crumbled chorizo.

▲ **Huevos rancheros at El Milagrito Cafe.**

Teka Molino

CRISPY TACOS



Established in 1937, Teka Molino is one of San Antonio’s oldest restaurants. The friendly counter service and tidy, welcoming space make it easy to see why friends gather in groups and solo diners settle in with laptops. Foodie friends urged us to have crispy tacos because the real star here is the masa. The restaurant has milled its own corn since it opened, so naturally it’s known for corn-centric specialties like guacamole and bean cups. The “cups” are corn tortillas shaped into a single-serving cup, fried until crisp and then filled eponymously. The crackly, flavorful shells are packed with moist, shredded chicken (or ground beef), crunchy lettuce, chopped fresh tomatoes and yellow cheese and served with stellar homemade green and red salsas.

◀ **Crispy beef tacos at Teka Molino.**

Garcia's Mexican Food

CARNE GUISADA



Co-owned by brothers John and Andrew Garcia, Garcia's Mexican Food is a family affair and has been a San Antonio mainstay since it opened in 1962. We arrived midmorning to find the small space dense with cowboy hats at the counter, babies in car seats and friendly banter between staff and regulars. And, of course, wafting aromas of sizzling meat.

Top sellers on Garcia's comfort-driven menu include *carne guisada*. Loosely defined as a beef stew, guisada is typically made with meat that's simmered in a broth thickened with roux and flavored with chiles, spices and aromatics. Andrew's son, Joseph, served us plates of the warm, tender meat in a peppery gravy. Between bites scooped up with freshly made flour tortillas, John tells me his secret is keeping it simple—simmering the meat with their signature blend of spices for an hour and a half until it is as tender as a Sunday pot roast.

▼ Joseph Garcia serves carne guisada, a favorite at Garcia's Mexican Food.



Jacala

ENCHILADAS



Rudolph Quiñones was a young GI when he and wife Adel opened Jacala in 1949. Its current location is a former grocery store that has been adorned with additional dining rooms, a patio and an outdoor courtyard. The restaurant is run by the couple's three daughters, Cynthia Klauss, Lucille Hooker and Yolanda Showalter. Jacala is as much about family memories as their award-winning enchiladas and combination plates.

"Four generations of our family have been regulars at Jacala, starting with my parents in the 1950s and continuing through today," says Therese McDevitt, a San Antonio native who worked much of her career in New York before returning home.

For McDevitt, no visit to San Antonio was complete without at least one dinner at Jacala featuring the No. 7 Ladies Special (cheese enchiladas with chili gravy and puffy tacos).

▲ The interior at Jacala; inset, co-owner Lucille Hooker.



Ray's Drive Inn
PUFFY TACOS



Puffy tacos—discs of masa that puff and balloon into delicate shells when fried—were born in San Antonio, though their exact origin is the stuff of local legend. The late Arturo Lopez claimed to have invented the deep-fried tacos at Ray's Drive Inn. His brother, Henry Lopez, claimed that he was the first, at Henry's Puffy Tacos.

I'm partial to Ray's because of the vintage Western setting. With its neon signage and stone- and wood-paneled walls, the restaurant looks much like it did when it was founded in 1956. To taste a textbook example of the perfect puffy, order a basket of beef or chicken, but try an avocado, too. Topped with fresh, creamy slices that balance the crunchy shell, the tacos, yellow Spanish rice, creamy pintos and pickled jalapeño create a bucket list meal.

▲ Puffy tacos at Ray's Drive Inn.



WEB EXTRAS

► Friends in Co-op Country recommend Tex-Mex favorites.

Blue Moon Mexican Restaurant
FIDEO (Y PLATOS DEL DÍA)



We ran through the rain to meet chef Johnny Hernandez at Blue Moon Mexican Restaurant, one of his favorite neighborhood haunts. Housed in a cheery yellow house on South Flores Street, the restaurant is known for its *fideo*, a South Texas dish of spiced vermicelli noodles and beef that's served here on Wednesdays. We followed Hernandez's lead and ordered the *platos del día*—the daily specials, crispy pork cutlets with beans and rice, cheese enchiladas with chili gravy and meltingly tender short ribs braised in guajillo chile sauce.

"Blue Moon café takes me back to my childhood days on the west side of San Antonio," Hernandez tells us. "The aroma of freshly rolled flour tortillas is heaven, and they happen to make my favorite menudo with pig's feet."

▲ Crispy pork cutlets, a daily special at Blue Moon Mexican Restaurant.

Lala's Gorditas

GORDITAS



Less common than tostadas or tacos, gorditas are deep-fried pockets of cornmeal dough filled with savory ground beef or chicken and lettuce, tomato, and cheese.

Steven Pizzini, owner of Lala's Gorditas, has Tex-Mex in his DNA. His restaurant's namesake was his maternal grandmother and culinary muse. In 1938, Ernestine Pizzini Chapa, Steven's paternal aunt, founded the original Teka Molino and relied on her mother's recipes. After a successful run there, Steven's father, Herman Pizzini, and his Uncle Eddie opened the beloved Taco Hut in 1958, which served generations of San Antonians until it closed in 1998. The object that drew Steven back into the food business is the heart of Lala's operation—the original corn mill created by his Uncle Eddie in the 1930s.

These days, that mill gets a daily workout grinding nixtamalized corn (dry corn that's soaked in a mixture of water and lime) to create the fragrant masa used to make gordita shells. Pizzini's gorditas are packed with traditional fillings—beef or stewed chicken, lettuce, tomato, crema and a garnish of *curtido* (Salvadoran slaw).

▼ A gordita with cabbage slaw at Lala's Gorditas.



La Fogata

CHILE CON QUESO



Chile con queso was our last stop and the holy grail of our tour.

With its pretty courtyard, massive wooden doors and festive atmosphere, La Fogata provides an instant holiday, no passport required. The restaurant serves authentic queso *flameado*, a dish from northern Mexico made with molten white cheese and roasted poblanos—as well as the classic Tex-Mex version made with tomatoes, green chiles and a Velveeta-like loaf of pasteurized cheese that melts into a silky smooth consistency.

One could argue the basic elements of queso are more or less the same in every restaurant, so memorable bowls are the result of the company, the setting and the flourish of a topping or two. What sets La Fogata's apart is a dollop of its smoky, fire-roasted salsa; a basket of warm, freshly fried chips; and its potent, made-to-order margaritas—each garnished with an orchid.

▲ Chile con queso at La Fogata.

Paula Disbrowe is the author of seven cookbooks, including her latest, *Thank You for Smoking*. She spent four years as a cowgirl chef on a ranch in the Texas Hill Country. She never met a flauta she didn't like.

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Vintage Hoard of U.S. \$10 Gold Liberty Coins Now Available



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ON THE
RADIO!**

Actual size is
27 mm in diameter

It's one of the most significant bank hoards of U.S. gold to be discovered in years. 2,740 U.S. gold coins, each containing nearly half an ounce of pure gold, each guaranteed to be over 110 years old. And now they can be yours.

Own Timeless Treasures of American History

Every American should own vintage U.S. gold coins. They're physical pieces of our own history, dug up from American soil, melted, and struck into symbols of Liberty. This "free" money fueled rapid economic growth and prosperity. Talk about making America Great!

Today, money comes in the form of Bitcoin, or on paper that can be printed whenever supplies fall short. There's no intrinsic value there. But not with gold. As a limited resource, gold carries with it a story virtually unmatched in American history.

Each of these \$10 Gold Liberty coins have been hand selected for their Choice Uncirculated condition. Even better, they are professionally certified and graded in the desirable collector grade of Mint State-62 (MS62).

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FREE!
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CAN YOU HANDLE IT?

The steel of ancient warriors unfolds from a beautiful Pakkawood handle at only \$99

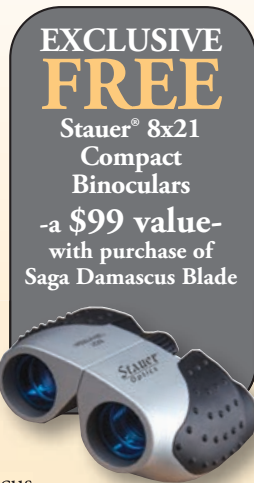
Damascus steel is the stuff of ancient legend. Treasured by mighty warriors and made using a secret technique, Damascus steel was famed for its sharpness and durability, and was known to slice gun barrels in half and separate single strands of hair in two. The secretive, ancient forging technique mixed different steel alloys to form a supersteel, creating a rippled, wavy texture, which made Damascus steel instantly recognizable.

Can you handle such a blade? You definitely can, because the modern Damascus steel of the *Saga Blade*, complete with the signature rippled texture, unfolds from a striking Pakkawood handle. Pakkawood takes its strength from combining wood with other strength-magnifying materials to create a powerful and near-waterproof product. This mix of two masterful techniques is enhanced by engraved stainless steel at the bolster and handle end, delivering a *Saga Blade* worthy of the name for an epic price of only \$99.

But we don't stop there. While supplies last, we'll include a pair of \$99, 8x21 power compact binoculars and a genuine leather sheath **FREE** when you purchase the *Saga Damascus Blade*.

Your satisfaction is 100% guaranteed. Feel the knife in your hands, wear it on your hip, inspect the impeccable craftsmanship of Damascus steel. If you don't feel like we cut you a fair deal, send it back within 30 days for a complete refund of the item price.

"The most common aspects of Damascus steel knives that enthusiasts consider ideal are the aesthetics and high performance." — Knife Informer



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Binoculars
-a \$99 value-
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What clients are saying about Stauer Damascus knives...



"Without a doubt, this knife will always hold a special place in my heart... because of its beauty, its craftsmanship and its obvious durability."

— J., Hawthorne, FL

Limited Reserves. You could pay well over \$1,000 for a folding Damascus steel pocket knife, but why would you when you can enjoy the superb craftsmanship of the *Saga Blade* for only \$99. Damascus steel blades are a lost art form that only a handful of artisan bladesmiths have mastered. These legendary blades take time to forge and only a few are crafted each month. Don't let this beauty slip through your fingers. Call today!

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Rating of A+

California residents please call 1-800-333-2045 regarding Proposition 65 regulations before purchasing this product.

- Modern Damascus steel blade 3"; overall 7"
- Pakkawood handle with stainless steel bolster & handle top; Leather pouch included

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Stay Alert To Stop Scams



MESSAGE FROM GENERAL MANAGER KATHI CALVERT

THE ENERGY INDUSTRY IS UNDERGOING RAPID change, and technology is paving the way for innovation in the way energy is used, produced, stored and shared. Consumers are interested in more green energy alternatives while smart homes and apps make managing energy use and paying your electric bill more convenient than ever.

While the changing energy market has created more options for consumers, it has also resulted in more utility scams and misleading information surrounding solar installa-

will claim you have an account past due and threaten to disconnect service or take legal action. The scammer will typically demand that you use a prepaid debit card or money order, often within a very short time frame, to pay the amount supposedly past due.

You can combat this scam by being aware of the status of your account. Never give your banking or personal information over the phone to someone you did not call. If you have a question or concern about your energy bill, call Houston County Electric Cooperative directly at 1-800-657-2445. Do not use the phone number given by the scammer.

Use Trusted Sources

If you're considering a solar installation for your home, make sure you are working with a reputable company. Because this is an emerging industry with evolving technology, there has been a proliferation of pop-up companies in the market trying to make a quick buck. Representatives of rooftop solar companies may have more sales experience than knowledge of the energy industry, and their primary goal could be simply making a sale and moving on to the next prospect.

Houston County EC can offer a candid assessment to determine whether rooftop solar is right for you. After all, we have a different bottom line that is not directly tied to the sale of a product or service. We take a more holistic, objective view of how to achieve energy and cost savings for our members, and that may or may not include rooftop solar.

In this ever-changing environment, it's important to remember you have a trusted energy adviser—your local electric cooperative. We are a community-focused organization that works to efficiently deliver affordable, reliable and safe energy to our members.

Remember, we're just one call or click away, so please reach out with any questions about your electric service or bills. We're here to help.



tions in particular. That's because of two factors. First, utility scams are common because of the vast number of utilities that exist and because consumers are understandably anxious at the threat of being without electricity. Second, new products and services in the energy industry provide an opening for scammers and pop-up companies to provide misleading information or shoddy products and services.

Avoid Phone Scams

A common phone scam typically begins with a phone number that appears to be from a valid utility company. The scammer

Freshen Up Your Fridge

IF YOU'VE GOT LEFTOVERS FROM LAST MONTH LURKING IN YOUR REFRIGERATOR, IT'S time to pull on your latex kitchen gloves and clean it out. You may find out you have more room than you thought—enough to unplug the extra refrigerator or freezer that might be eating up electricity in the garage.

Try these tips to clean out and organize your fridge.

Do a total fridge cleanup.

Arm yourself with large trash bags, and throw away old leftovers. Make sure to check the expiration dates on rarely used condiments and dressings and toss any that are past their prime.

If certain foods that you store in the fridge spoil before you eat them, vow to freeze them in the future.

Adjust the height of each shelf so food is easier to see and reach. This could free up space. Designate spaces for fruits, vegetables, meats and drinks—so nothing is “out of sight, out of mind” and left to rot.

Store leftovers in transparent containers and label them with the date the food was prepared so no one accidentally eats spoiled food.

Cool hot foods before you put them in the refrigerator to save energy.

Vacuum the refrigerator coils monthly. Dust trapped underneath and behind the unit forces the fridge to work harder and use more energy.



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P.O. Box 52, Crockett, TX 75835

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To make a payment over the phone or speak with a member services representative, press 2.

For electrical connects, transfers and disconnects or any other problem with your electrical service, press 3.

Para hablar con un representante que habla español, presione 4.

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JUNE HOLIDAYS

Flag Day

Sunday, June 14

Juneteenth

Friday, June 19

Father's Day

Sunday, June 21

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5 Common Culprits of Electrical Fires

THERE ARE ABOUT 24,000 ELECTRICAL FIRES PER YEAR IN THE U.S., ACCORDING TO THE U.S. Fire Administration. Although most electrical fires start in the bedroom, the most fatal fires start in the living room, family room and den. Check the following areas of your home to ensure your home's electrical safety is up to par.

Electrical outlets: Faulty electrical outlets are a leading cause of home fires. As outlets age, so do the wires behind them that you can't see. Any loose, damaged or warm-to-the-touch outlets should be repaired or replaced.

Electrical wiring: Outdated wiring is another common cause of electrical fires. Frequently tripped breakers, flickering lights and burning smells are clear warning signs. If your home is more than 20 years old, it may not be able to handle today's increased power load. If you suspect your home's wiring is outdated, leave this one to the pros and contact a qualified electrician.

Overloaded cords and outlets: Extension cords are not permanent solutions. If your big-screen TV, home theater system and other electronics are plugged into extension cords, it's time to call an electrician and install additional outlets.

Old appliances: Older appliances are more likely to have loose or damaged wiring, which means they're more likely to catch fire. Check older appliances for damage and determine if it's time to upgrade or replace. Also check to ensure you're using appliance-grade outlets. A qualified electrician can help with installation.

Light fixtures: Light fixtures, lamps and lightbulbs are other common culprits behind electrical fires. Installing a bulb with a wattage too high for a lamp or light fixture is a leading cause of electrical fires. Always check the maximum recommended bulb wattage on any lighting fixture or lamp and never go over the recommendation. Keep flammable materials like cloth and paper away from light fixtures. The material can heat up and ignite, causing a fire. Faulty lamps and light fixtures also can cause fires.



DAVID OMER

Fried Rice

- 2 eggs
- ¼ teaspoon salt
- 3 tablespoons peanut oil, divided use
- 3 green onions, sliced
- 1 cup shrimp or cubed chicken or pork
- 1 cup snow peas, cut diagonally
- ½ cup roasted cashews, pecans or peanuts
- 3 cups jasmine rice, cooked and cooled
- 2 tablespoons soy sauce

1. Beat eggs with salt.
 2. Heat 1 tablespoon oil in a large skillet or wok. Add onions and egg mixture. Stir-fry until set. Remove from pan.
 3. Heat 1 tablespoon oil. Add shrimp, chicken or pork; stir-fry 5–10 minutes or until cooked through. Add snow peas and nuts. Stir-fry an additional 2 minutes, then remove from pan and set aside.
 4. Add the final tablespoon of oil and heat. Add rice, stirring to heat. Stir in soy sauce, meat mixture and cooked egg.
 5. Combine all ingredients and stir gently to heat through.
- Serves 4.

Find this and more delicious recipes online at
TEXASCOOPPOWER.COM

WOODLAND *warriors*

A clean right-of-way is an essential part of delivering safe and reliable electricity to the member-owners of Houston County EC. None of that would happen without our Right-Of-Way (ROW) Department. Trees coming into contact with power lines is one of the primary reasons for power outages, but our dedicated ROW Department works hard to prevent outages from occurring.

This year, during the second week of June, right-of-way professionals are honored across the nation during National Right-Of-Way Week. We are honored to have these men as part of the Houston County EC team.

Always remember that trimming trees near power lines is dangerous. Our ROW Professionals are specially trained to work in close proximity to electrical lines. Please contact us before you begin trimming any trees near power lines.



Larry Wickersham
Right-Of-Way Foreman



Elliott Marshall
Arborist I



Jasper Barnett
Arborist I



Lane Cutler
Arborist III

PLEASE BE *TREE WISE*

Plan before you plant. A small tree today can later become a BIG problem for you and Houston County EC. Follow a simple rule: Be safe & look up! Contact Houston County EC if you're unsure on where to safely plant your next tree. Also be sure to call DIG (811) before you start! Remember to be courteous to your fellow members. Do not plant taller growing trees near power lines. These trees increase maintenance costs and outages.

Houston County EC maintains a 30 ft. easement on our distribution lines - this means no vegetation on either side of the electric lines for 15 ft.



Trees compromise power line safety & reliability.

Our commitment to safety is why we discourage anyone other than our trained professionals to prune trees near power lines.

Right-of-Way trimming prevents power outages by reducing trees and limbs from falling on lines during storms. A clear ROW also improves restoration time. When an outage occurs, crews are able to access and patrol lines more efficiently and restore service faster.

Safety Tips:

- Power lines broke by falling branches or downed trees may be energized. Stay away from all downed power lines. The ground around the downed line could be energized. Stay away and call us immediately.
- Do not climb trees near electric power lines. If a branch contacts the electric line, electricity could flow through the tree to you and cause severe injury or death.
- Never attempt to prune a limb that is near a power line. Only trained Right-Of-Way Professionals should be in close proximity to a power line.



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You have OPTIONS

From the convenience of your home or on the go, we have options to access your account. Pay your bill and do business with HCEC the best way that suits your lifestyle.

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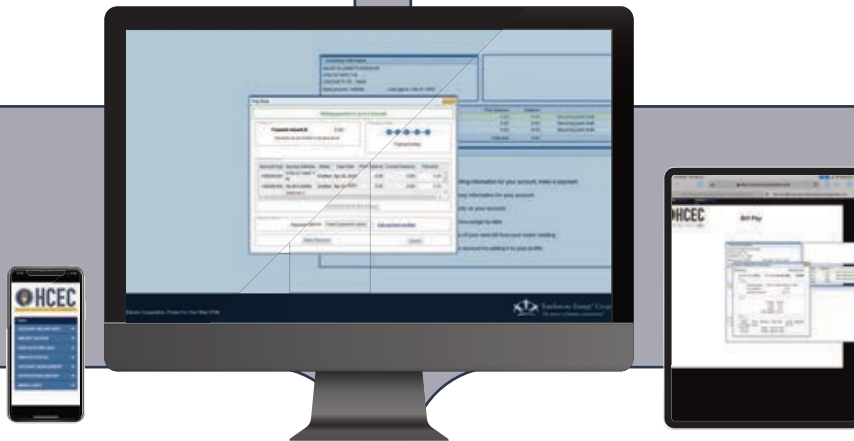
Report outages, pay your bill, and submit service requests through the free HCEC mobile app. It can be downloaded in the Google Play or Apple App Store for Android and Apple devices.. Convenient access allows you to monitor your account on-the-go.

AUTOMATED PHONE SYSTEM

Check your balance and pay your bill with credit card or check by dialing the following:

- Toll-Free: 1-800-657-2445
- Local: 936-544-5641

Use option 2 for this feature.



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Access your account online at your convenience. You can do more than pay your bill on our E-Biz portal, you can check your daily usage, view account payment history, calculate your bill, and send us service requests.

MEMBER SERVICE DEPARTMENT

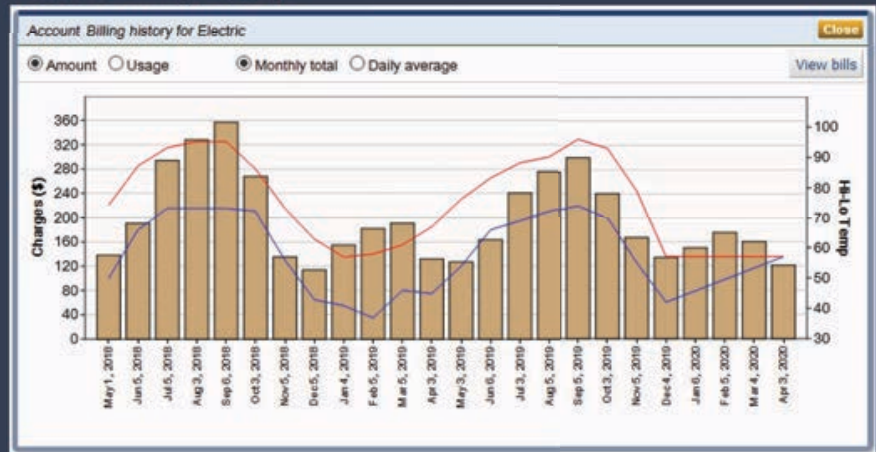
Available Monday - Friday, 8:00 AM - 5:00 PM to assist you with any account needs. The Member Service Department can help you with bill payment, answer questions, or discuss any issues you have that need attention.

Usage Tracking Tools

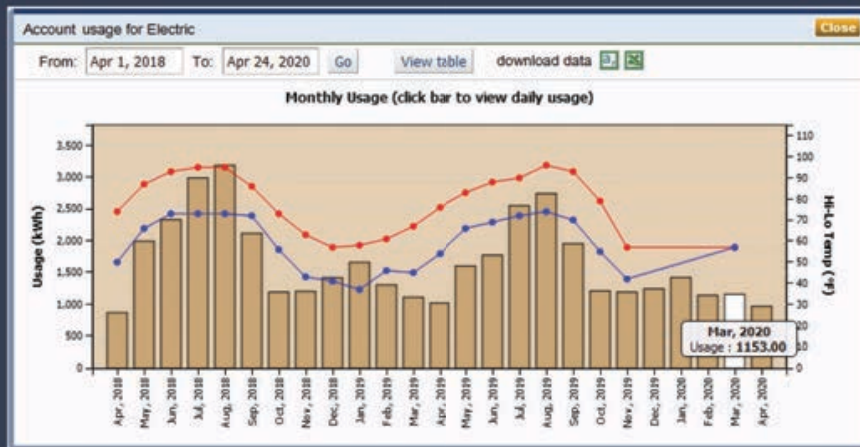
Life definitely hasn't been the same for some members since the beginning of the COVID-19 pandemic. Many of you have been forced to work from home, which equals more electrical usage.

A helpful tool located conveniently on our E-Biz site allows members to track their usage, billing and payment histories. There is a bill calculator tool too!

Account Billing History:



Account Usage Graph:



The usage graph lets you view monthly usage and daily usage with the option to download the data. You also have the option to view data in a graph or a table.

Payment History Graph/Table:



The payment history table shows the date, time and amount that was paid on the account.

Account Payment history

From: Apr 1, 2019 To: Apr 24, 2020 Go Download View chart

Date	Time	Amount \$
Apr 16, 2020	9:33 am	121.15
Mar 16, 2020	9:46 am	149.89
Feb 14, 2020	9:26 am	175.03
Feb 14, 2020	8:25 am	10.00
Jan 15, 2020	8:31 am	149.66
Dec 16, 2019	8:22 am	133.96
Nov 14, 2019	9:56 am	166.47
Oct 16, 2019	9:50 am	240.43
Sep 16, 2019	8:37 am	299.66
Aug 15, 2019	8:24 am	275.55
Jul 16, 2019	11:55 am	240.47
Jun 17, 2019	8:17 am	163.86
May 15, 2019	9:09 am	127.12
Apr 16, 2019	9:27 am	132.07

To access these features you will need the following:

- Base Account Number, which is everything before the dash (-) on your statement.
- The name exactly as it appears on your electric statement.
- The last 4 digits of the Social Security Number for your account.
- Either the primary phone number or the primary account holder's Driver's License Number.

If you need assistance with accessing these features, please contact the Member Services Department Monday - Friday, 8:00 AM - 5:00 PM.
Toll-Free @ 1-800-657-2445 | Local @ 936-544-5641

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In the heart of the Texas Hill Country visit 17 historic one-room schools built between 1847 and 1936 by following the 120 mile Gillespie County Country Schools Driving Trail through the scenic Fredericksburg, Texas countryside.

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WWW.HISTORICSCHOOLS.ORG



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From the publishers of **TexasCoopPower**

WE'RE BRINGING FLEXY BACK

The Stauer Flex gives you vintage style with a throwback price of **only \$79**.

Just like a good wristwatch movement, fashion is cyclical. And there's a certain wristwatch trend that was huge in the 1960s and then again in the 1980s, and is ready for its third time in the spotlight. We're talking, of course, about the flexible stretch watch band.

To purchase a vintage 60s or 80s classic flex watch would stretch anyone's budget, but you can get ahead of the crowd and secure a brand new version for a much lower price.

We're rolling back the years AND the numbers by pricing the *Stauer Flex* like this, so you can put some bend in your band without making a dent in your wallet.

The *Stauer Flex* combines 1960s vintage cool with 1980s boardroom style. The stainless steel flex band ensures minimal fuss and the sleek midnight blue face keeps you on track with date and day subdials.

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Time is running out. As our top selling watch, we can't guarantee the Flex will stick around long. Don't

overpay to be underwhelmed. Flex your right to put a precision timepiece on your wrist for just \$79. Call today!



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— Jeff from McKinney, TX

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— Bloomberg.com, 2017



Rating of A+



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The Legend of Old Rip

Eastland horny toad was famous for allegedly living 31 years entombed in a courthouse cornerstone

BY GENE FOWLER

ONE MAY DAY IN 1928, PRESIDENT CALVIN Coolidge received a celebrated Texan in the White House. The visitor was 15 minutes late, but the president waited patiently. For this wasn't just any Texan—this was Old Rip, the horned lizard who'd slumbered for 31 years in the cornerstone of the Eastland County Courthouse.

Coolidge asked several questions of Will Wood, Rip's caretaker, and stroked the reptile's back with his horn-rimmed glasses. Wood telegraphed folks back in Eastland that Old Rip blinked at Silent Cal.

As Texas author Boyce House told and retold the tale, Will Wood had named the horned toad (or horny toad, as Texas horned lizards are often called) Blinky back in 1897, shortly before Will's father, county clerk Ernest Wood, had the boy's pet placed in the cornerstone of the Eastland County Courthouse that was under construction.

Then one February day in 1928, when the 1897 courthouse was being demolished for a new, modern people's temple, Ernest Wood asked House, then editor of the *Eastland Argus-Tribune*, if he'd heard of the West Texas folk belief that a horned toad could live for 100 years without food or water. When Wood told Boyce that the theory would soon be put to the test with the opening of the 1897 cornerstone, the editor produced a banner headline, "ALL READY FOR LIBERATION OF THE HORNED TOAD," and distributed the exciting news through wire services. Thus, on Saturday, February 18, 1928, when the cornerstone was opened, more than 1,000 people had reportedly gathered to witness the event.

Along with several ministers, county Judge Ed Pritchard was on hand to authenticate the proceedings. When the diminutive beast was held aloft for the crowd to behold, one of its legs suddenly twitched. "The durn thing's alive!" someone hollered as cheers filled the courthouse square.

Named for the storied slumberer Rip Van Winkle, Old Rip made national news. Unfortunately, entombment of his brethren became a fad. Prestigious scientists opined,



both pro and con, on the possibility of the lizard's survival. Thousands marveled at Rip on tour. Souvenir horned frogs were sold at the Democratic National Convention that summer in Houston. Eastland gas stations gave away the reptiles as premiums for fuel purchases. Featured in a Fox Movietone newsreel, Old Rip was a star.

Sid Sackett, a commercial breeder of horned lizards in Coleman, feared the



Old Rip's remains are as well preserved as the horny toad's legacy in Eastland County.

culture authorities worried that their popularity as pets could decrease farm yields. But the mania subsided after Old Rip's death from pneumonia in early 1929.

Today, the famed horned toad lies in state in a tiny casket at the Eastland County Courthouse. Local folks began celebrating Rip annually with a horned toad derby in 1949. The event continues today as Ripfest and includes a parade, 5K run and other fun. The famed lizard is also commemorated in displays at the Eastland County Museum and in the museum's Old Drip's Coffee Shoppe.

In his 1965 book, *The Story of Old Rip*, Eastlander H.V. O'Brien Jr., who admin-

isters the Old Rip Oath at chamber of commerce banquets, noted that several Eastland youngsters had spent the night at the partly demolished courthouse in 1928 in order to ensure that no "hanky-pank" transpired before the cornerstone was opened.

The youths' vigilance notwithstanding, some hanky-panky may well have been committed. In his 1993 book, *O Ye Legendary Horned Frog*, historian June Rayfield Welch unearthed a 1973 allegation by a self-described "perpetrator of the hoax which grew into 'the Legend of Old Rip.'" The anonymous confessor claimed that five young men had conspired to place a living toad in the cornerstone in February 1928 and were surprised at the excitement generated by their prank.

For his part, O'Brien good-naturedly concludes, "Do you believe it or don't you?"

Arguing the point is not recommended in these parts."

Most Eastland folks embrace the horny toad yarn that brought so much attention to their town with a healthy attitude and a tender wink. "Old Rip still has a place of honor in the vestibule of the first floor of the Eastland County Courthouse," says county Judge Rex Fields. "He lies in state in a glass-topped casket wherein he is visible to people that have heard the story of his incarceration and release."

Fields gives a presentation about the history of the courthouse to second grade students each year. "Almost without fail," he says, "the highlight for the students is when I take the casket out of its locked enclosure and let them see Old Rip up close."

Writer and author Gene Fowler specializes in art and history.

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Another Culture

An author studied family histories and perspectives of the Hill Country community known as the cedar choppers

BY KEN ROBERTS

LET ME BEGIN WITH A STORY FROM 1963, when we were seniors at Austin High—two couples looking for something different to do on a summer night. We drove out U.S. 183 toward Burnet and came upon the Hilltop Inn, all lit up with lots of cars and trucks parked outside.

The people inside—the picture is etched in my mind—were dancing. There were couples, but there were also women with women and children with children. Some women were—I swear—wearing gingham dresses and bonnets.

A man inside stepped in front of us. He looked us up and down. We were wearing shorts, and not just any shorts but the newest rage, madras plaid shorts. He said, “You’re not welcome here,” and shut the door.

We had stepped into the world of the cedar choppers. Decades later, I would spend about five years researching the history of this community for my book, *The Cedar Choppers: Life on the Edge of Nothing*.

The cedar choppers were descendants of Scots-Irish immigrants who had migrated from the hills of Appalachia after the Civil War. They replicated their Appalachian way of life in the cedar brakes of the Texas Hill Country, where they raised large families in shabby housing without plumbing and survived by growing some corn, raising some stock, hunting, making moonshine and turning cedar into charcoal and posts.

When the agricultural economy of the South crashed during the Depression and farmers left in droves, this lifestyle enabled them to hang on. As late as 1941, an

Austinite could still marvel that “within sight of the Capitol dome live mountaineers who speak a dialect and get their water from springs,” according to a passage in the book *Texian Stomping Grounds*.

Mountain cedar (Ashe juniper) had always been valuable because it has a heart of dark, oil-permeated wood that lasts for decades. When farms were turned to pasture after World War II, the demand for cedar fence posts soared. With nothing but an old truck and an ax, a man could make as much money in two days cutting cedar as a week working in one of the local quarries.

Cedar choppers were some of the most independent laborers in America: They had no boss, no land to farm, and they could sell their cedar anywhere. They took orders from nobody, accepting the money society offered but rejecting its routines. Their defining characteristics became fierce independence and a combative directness in dealing with the outside world.

The emergence of Austin as a metropolitan area brought cedar choppers and their coarse ways into stark contrast with the genteel urban population. “Cedar chopper” became a pejorative term, like Okie in California. Strong as they were from cutting cedar with an ax, they didn’t hesitate to fight back. Frank Wilson, who knew cedar chopper families, said in a 1978 interview at the Austin History Center, “They were very independent and very proud people—and aggressive, very aggressive.” This clash of cultures became the story I wanted to tell.

My first interview was with Ronnie



Earl and Leona Townsend and family, cedar choppers in Marble Falls.

Hill, then a community southwest of Austin. He told me that his father, grandfather and great-grandfather had all been cedar choppers, living along Barton Creek, west of Austin. His dad owned a cedar yard outside Kerrville and was an upstanding citizen and a deacon of the church. But Ronnie's older brother died at 6 of a brain tumor, and things fell apart. His dad started drinking, and his mom committed suicide. In 1958, Ronnie and his three sisters moved in with their grandparents at the cedar yard.

I was stunned by his honesty and by the responsibility of telling his and other stories—not in generalities but as actual events in the lives of people whose parents, grandparents and great-grandparents had grown up in the hills, worked together,

Roberts, who as a kid had loaded cedar onto trucks at his grandparents' yard in Oak

Hill, then a community southwest of Austin. He told me that his father, grandfather and great-grandfather had all been cedar choppers, living along Barton Creek, west of Austin. His dad owned a cedar yard outside Kerrville and was an upstanding citizen and a deacon of the church. But Ronnie's older brother died at 6 of a brain tumor, and things fell apart. His dad started drinking, and his mom committed suicide. In 1958, Ronnie and his three sisters moved in with their grandparents at the cedar yard.

intermarried and raised families. To have a chance of understanding them, I knew I had to know these connections. I had to create a big family tree. By the time I finished over a year later, it encompassed more than 2,500 related individuals and demonstrated that most of the cedar choppers in the Hill Country counties were kin to one another.

As I got to know them better, I became more direct as I gathered oral histories. I asked Alice Patterson, "Did y'all ever feel, when you went into Austin, that some of the people in Austin kind of looked down at you as country folk?"

She replied, "You know what? It didn't bother me. They do. They did."

"They did?"

"Yeah, they did. And I didn't know it."

I asked Don Simons, "How did you guys feel when you came into town and you saw these nice green lawns, and these guys walking around with their white golf shoes

on. What did you think about that?"

"Terrible," he replied. "When you didn't have no shoes. And the end of your toes were bloody because you stubbed them on the rocks. You felt terrible because people looked at you. They don't know how to deal with you. Very degrading."

They wanted to talk about their lives and share the uniqueness of their upbringing and what it was like to grow up working in the brakes. They were proud of their fortitude and far enough from some of the painful aspects that they could talk openly.

The heyday of the cedar choppers that began in the 1940s ended abruptly with the introduction of steel fence posts in the 1960s, but the story lives on.

Ken Roberts, a member of Pedernales EC, has lived on a ranch outside Liberty Hill for the past 45 years. He retired as a professor from Southwestern University, where he researched the effects of economic change on rural people in Mexico and China. Contact him at thecedarchoppers.com.

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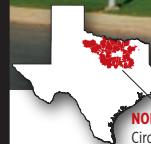
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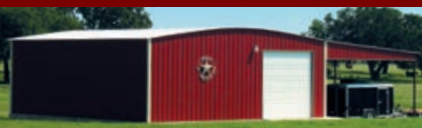
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An Alternate Reality

John Howard Griffin darkened his skin to try to understand racial attitudes in the South

BY MELISSA GASKILL

WITHOUT BECOMING A BLACK MAN, author John Howard Griffin inquired in 1959, how could a white man hope to learn the truth about racial suppression? So, Griffin used medication to temporarily darken his skin and then traveled through the South as a black man for more than a month. His experiences formed the basis for *Black Like Me*, his 1960 book that has sold more than 10 million copies.

June 16 marks the 100th anniversary of Griffin's birth in Dallas. He was educated in France and spent time in an abbey contemplating a religious vocation, then served in the U.S. military 1942–1945, suffering a shrapnel injury that caused him to lose his sight.

He lived with his parents in Mansfield until he married Elizabeth Holland in 1952. Five years later, Griffin's sight returned, and he described the experience in the book *Scattered Shadows* and in stories for *The Dallas Times Herald*. He also wrote syndicated columns for the International News Service and King Features and became an accomplished photographer.

In an epilogue for a later printing of *Black Like Me*, Griffin wrote, "I learned within a very few hours that no one was judging me by my qualities as a human individual and everyone was judging me by my pigment." Motivated by that injustice, he gave hundreds of lectures and befriended civil rights leaders, in-

WEB EXTRAS

► Read this story on our website to see more photos.



John Howard Griffin, left, shares a meal at Sterling Williams' shoeshine stand.

cluding Martin Luther King Jr. Griffin received death threats and was hanged in effigy in Texas, causing him to move his family to Mexico for nine months. He eventually cut back on his speaking, saying he found it absurd to presume to speak for black people when there were superlative black voices to do so.

Griffin developed diabetes and died in 1980 at age 60. His friend Robert Bonazzi, who later married Elizabeth, wrote several books based on Griffin's journals. "He felt like he had an effect with his efforts, certainly back then," Bonazzi says from his home in Austin. "Not too many white men would take on a black look and venture out into the world. It was brave and reckless, but he thought it was time for a white man to experience what a black man did, and there was only one way to do that."

Julie Hudson specializes in African American women's literature at Huston-Tillotson University in Austin. "I think the book is important," she says, "especially for a white audience, because it provides some insight into what it means to be black in America and into the issue of race and the implications of racism and hatred. There was so much anger in his community [in response to the book] because he was presenting the truth to people who didn't want to face it, or didn't care, or were embarrassed by it."

Of course, she adds, Griffin always knew that he could return to his white life, which likely informed his writing. And while his family did have to flee, the furor died down and they were able to return home.

"The book still resonates today," says Bonazzi. "He is much less known than he should be."

Read more about Melissa Gaskill's work at melissagaskill.blogspot.com.

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Texas Wine Harvest

A FEW YEARS AGO, I WAS LUCKY enough to go on a tour of Lubbock-area wineries. Because of the High Plains' semiarid climate, the region is ideal for viticulture and is now one of the top wine-producing areas in the country.

Mediterranean varietals love the Texas heat, so look for viognier, roussanne, marsanne, vermentino and trebbiano for white wines and tempranillo, tannat, mourvèdre, grenache and sangiovese, among others, for reds, says certified wine educator Denise Clarke. While these wines may not be as familiar or easy to pronounce, give them a try and see what Texas has to offer.

A great way to add wine to your table is with sangria, the ultimate summer drink that is endlessly customizable. Sangria is most often made with red wines, but here I've used a Texas rosé to pair with juicy summer fruits. Making it ahead of time ensures the flavors from the fruit and wine are well blended.

MEGAN MYERS, FOOD EDITOR

Rosé Sangria

- 1 bottle (750 milliliters) rosé wine
- 1 cup orange juice
- ¼ cup vodka
- 1 cup quartered strawberries
- 2 peaches, sliced
- ½ cup raspberries

1. Combine all ingredients in a large pitcher and stir well. Cover and chill at least 2 hours or until ready to serve.
2. To serve, stir sangria to recombine any settled juices. Fill glasses halfway with ice, then pour in sangria. Use a ladle or serving spoon to add an extra scoop of fruit from the pitcher into each glass and serve. ▶ Serves 6.

Follow along with **Megan Myers** and her adventures in the kitchen at stetted.com, where she features a recipe for Lemon Sage Mustard.

MEGAN MYERS

Recipes

Texas Wine Harvest



THIS MONTH'S RECIPE CONTEST WINNER

MELODY YUHN | CENTRAL TEXAS EC

This succulent lamb stew is even better the next day, so don't worry about any leftovers going to waste. Yuhn recommends using a sangiovese or tempranillo in the stew and to pair with the final dish.

Lamb Stew

- 4 ounces bacon, chopped into ¼-inch strips
- 2 pounds boneless leg of lamb or lamb shoulder, trimmed of excess fat, cut into 1½-inch pieces
- 2½ teaspoons sea salt, divided use
- 1½ teaspoons ground black pepper, divided use
- ¼ cup flour
- 1 large yellow onion, diced
- 4 cloves garlic, minced
- 1½ cups Texas red wine
- 1 pound button mushrooms, thickly sliced
- 4 cups beef broth or stock
- 1 tablespoon tomato paste
- ½ teaspoon dried thyme
- 2 bay leaves
- 1½ pounds small yellow potatoes, halved or quartered into 1-inch pieces
- 4 medium carrots, peeled and cut into ½-inch pieces
- ¼ cup finely chopped parsley, for garnish

1. Preheat oven to 325 degrees. In a 5-quart Dutch oven over medium heat, sauté bacon until browned and fat is released. Using a slotted spoon, transfer bacon to a large plate. Do not wipe out pot.
2. While bacon cooks, season lamb pieces with 1½ teaspoons salt and 1 teaspoon pepper. Sprinkle with flour and toss to coat.
3. Cook lamb in two batches in hot bacon grease over medium heat until browned (3–4 minutes per side) then transfer to the plate with bacon. Add diced onion to the pot and sauté 2 minutes. Add garlic and cook another minute, stirring constantly. Add wine, scraping the bottom of the pan to deglaze. Add sliced mushrooms, bring to simmer, then cook uncovered 10 minutes.
4. Return bacon and lamb to pot and add broth, tomato paste, 1 teaspoon salt, ½ teaspoon pepper, dried thyme and bay leaves. Stir in potatoes and carrots, making sure potatoes are mostly submerged in liquid, and bring to a boil.
5. Cover, carefully transfer to oven and cook 1 hour 45 minutes. Garnish with parsley when serving. ▶ Serves 8.

COOK'S TIP Prepare this recipe in a pressure cooker to save time. Use the sauté setting for the first few steps and set for 40 minutes at high pressure with a natural pressure release.



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Plum Sorbet With Wine

BARBARA REISS | PEDERNALES EC

Taste the plums before making this; their sweetness will determine the amount of sugar to use.

- ¾–1 cup sugar, depending on the sweetness of plums
- 1 pinch kosher salt
- ¾ cup water
- 3 cups peeled, pitted and chopped red plums (about 3–4 large plums)
- 2 tablespoons orange juice
- 1 tablespoon orange zest
- 1 teaspoon vanilla extract
- 1 teaspoon cinnamon
- 1 cup chilled dry white wine, such as sauvignon blanc

1. In a large saucepan over medium heat, dissolve sugar and salt in water, then bring syrup to a boil.
2. Stir in plums and cook, stirring frequently, while mashing plums with a potato masher until the mixture is the consistency of very thick honey, about 5–10 minutes.
3. Let cool, then purée using a standard or immersion blender. Pour mixture into a bowl that has a pour spout and refrigerate 2–3 hours or overnight.
4. Once chilled, add juice, zest, vanilla and cinnamon to mixture. Whisk to blend well.
5. Transfer mixture to an ice cream maker and process according to manufacturer's instructions. After about 15 minutes (when mixture is beginning to freeze), pour wine into mixture slowly. Process until entire mixture is frozen. Serve immediately, or transfer to another container to freeze. ▶ Makes 2 pints.

Chicken Breast With Sun-Dried Tomato Cream Sauce

LAMONT PETERSEN | NAVARRO COUNTY EC

Petersen recommends pairing with McPherson Cellars albariño, a white wine that is perfect for chicken dishes.

- 1 pound skin-on chicken breasts or thighs, fat trimmed on thighs
- ¼ teaspoon salt, divided use
- ¼ teaspoon pepper, divided use
- 2 tablespoons oil from jar of sun-dried tomatoes

- ½ cup oil-packed sun-dried tomatoes, drained and sliced
- ½ cup finely chopped shallots
- ½ cup dry white wine
- ½ cup heavy cream
- 2 tablespoons chopped fresh parsley

1. Sprinkle chicken with half the salt and pepper and set aside.
2. Heat oil in a large skillet over medium heat. Add chicken skin-side down to skillet and cook until golden brown, about 15 minutes. Turn chicken and cook another 15–20 minutes, until it reaches 165 degrees in the thickest part. Transfer to a plate and cover to keep warm.
3. Add sun-dried tomatoes and shallots to the pan. Cook, stirring, 1–2 minutes.
4. Add wine to pan and scrape up any browned bits to deglaze. Continue to cook until the liquid has mostly evaporated, about 2 minutes.
5. Reduce heat and stir in cream, any accumulated juices from the resting chicken and the remaining salt and pepper. Simmer about 2 minutes, until

slightly thickened.

6. Serve chicken over pasta or rice with the pan sauce and top with parsley. ▶ Serves 4.

COOK'S TIP You can use onion in place of the shallots. If you do, add a finely chopped clove of garlic.

Gary's Wino Burgers

GARY HEATHCOTT | SAN PATRICIO EC

While the recipe calls for zinfandel or cabernet sauvignon, Heathcott recommends serving the burgers with a pinot noir.

- ½ cups red wine, such as zinfandel or cabernet sauvignon
- 2 tablespoons finely chopped sweet onion
- 2 tablespoons (¼ stick) butter
- 2 teaspoons chopped rosemary
- 1½ teaspoons brown sugar
- 1½ tablespoons olive oil
- 4 ounces portobello mushrooms, sliced
- 2 cloves garlic, minced
- 1½ pounds lean ground beef
- 1 teaspoon salt

- 1 teaspoon ground black pepper
- ½ cup blue cheese crumbles
- 4 large sesame buns
- 4 lettuce leaves
- 1 tomato, sliced

1. In a medium saucepan, bring wine, onion, butter, rosemary and brown sugar to a boil. Reduce heat to medium-low and simmer about 30 minutes, until liquid is reduced to ½ cup. Remove from heat.
2. In a small skillet, heat oil. When shimmering, add mushrooms and sauté until tender. Stir in the garlic and sauté for another minute or until fragrant. Set aside.
3. Place ground beef in a medium bowl and mix with salt, pepper and wine sauce. Form into 4 patties and place on a hot grill. Cook burgers to about 145 degrees. Place a spoonful of blue cheese on top of each burger and continue to cook to about 155 degrees for medium-well doneness.
4. Dress burgers on toasted buns with mushrooms, lettuce and tomato. ▶ Serves 4.

TEXAS CO-OP POWER

NEXT MONTH

PALO DURO LOVE LETTERS Georgia O'Keeffe's paintings captured the Panhandle; her wistful writings brought it to life.

NO LONGER A YANKEE After a half-century here, a Michigan native decides she can call herself a Texan.

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WEB EXTRAS ▶ See Focus on Texas on our website for more photos from readers.



▲ **APRIL COKER**, Wood County EC: Coker's 1962 Scotsman Scotty "Miss Millie" all decked out for the holidays at Tyler State Park.

◀ **CHARLES BAXTER**, CoServ: "Capitol Mesa and moon in Palo Duro Canyon State Park."



▲ **STEVE COYLE**, Pedernales EC: "Anyone who says Texas doesn't have nice fall colors just hasn't looked in the right place. Although the fall colors were past their prime in many parts of Martin Dies Jr. State Park during our visit, there were still a few pockets."

▶ **ELLEN BEAR**, Concho Valley EC: "I was at San Angelo State Park when these javelinas appeared to snack on the birdseed."



AROUND TEXAS ▶ TCP's monthly list of local events has been suspended due to COVID-19 cancellations. Always call or check an event's website for scheduling details.



◀ **TRAVIS LACOSS**, Pedernales EC: "Hiking to Big Cave at Palo Duro Canyon State Park."



▲ **CAROLINA BURGOS-CALDERON**, Bluebonnet EC: "McKinney Falls State Park was magical with fall color and snow and crystal accents."



▲ **VALERIE JOHNSON**, Pedernales EC: "Quiet and shade on Caddo Lake."

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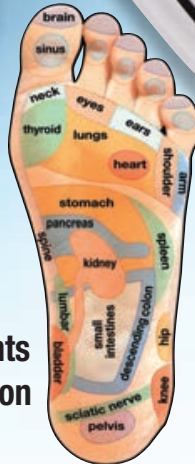


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luminar OUTDOOR ★★★★★ (3,001)

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SAVE 86%

5 ft. 6" x 7 ft. 6" All Purpose/Weather Resistant Tarp

★★★★★ (6,325)

\$2.99 ~~\$22.99~~

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SUPER COUPON

4 Piece Anti-Fatigue Foam Mat Set ★★★★★ (2,694)

Compare to Norsk 001119346 \$19.99

Item 40187 61607/62389 94635 shown

\$6.99 ~~\$9.99~~

Save 65%

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21620223 LIMIT 4 - Coupon valid through 8/1/20

SUPER COUPON

CENTECH ★★★★★ (3,573)

Automatic Battery Float Charger

Compare to Schumacher Electric SC1 \$30.41

Item 69594/69955 64284/42292 shown

\$4.99 ~~\$9.99~~

Save 83%

Use Online & In-Store

21631463 LIMIT 4 - Coupon valid through 8/1/20

SUPER COUPON

WARRIOR ★★★★★ (4,590)

29 Piece Titanium Drill Bit Set

Compare to Dewalt DW1369 \$68.14

Item 5889 62281/61637 shown

\$10.99 ~~\$19.99~~

Save 83%

Use Online & In-Store

21635054 LIMIT 4 - Coupon valid through 8/1/20

SUPER COUPON

10" Pneumatic Tire ★★★★★ (4,220)

Compare to Farm & Ranch FR1055 \$8.09

Item 69385/62388 62409/62698 30900 shown

\$3.99 ~~\$6.99~~

Save 50%

Use Online & In-Store

21642557 LIMIT 4 - Coupon valid through 8/1/20

SUPER COUPON

Two Tier Easy-Store Step Ladder ★★★★★ (1,150)

Compare to Werner S32A-1 \$33.98

Item 67514

\$19.99 ~~\$29.99~~

Save 40%

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SUPER COUPON

BUNKER HILL ★★★★★ (4,066)

Wireless Security Alert System

Compare to First Alert SFA600 \$32.99

Item 61910 62447/83068 shown

\$9.99 ~~\$14.99~~

Save 69%

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21671282 LIMIT 4 - Coupon valid through 8/1/20

SUPER COUPON

GREENWOOD ★★★★★ (835)

1-1/4 Gallon Home and Garden Sprayer

Compare to Craftsman C9MT12018 \$49.98

Item 63124 61280/63145 shown

\$9.99 ~~\$13.99~~

Save 28%

Use Online & In-Store

21673109 LIMIT 4 - Coupon valid through 8/1/20

SUPER COUPON

PITTSBURGH ★★★★★ (1,449)

40 Piece, 1/4" and 3/8" Drive SAE and Metric Socket Set

LIFETIME WARRANTY

Compare to Craftsman C9MT12018 \$49.98

Item 47902/975 61328/63015 62843 shown

\$4.99 ~~\$5.99~~

Save 90%

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21676434 LIMIT 4 - Coupon valid through 8/1/20

SUPER COUPON

PORTLAND ★★★★★ (6,353)

7AMP Electric Pole Saw 9.5" Bar

6 ft. to 8 ft. 10"

Compare to Worx WG309 \$99.98

Item 68862/63190 56808/62896 shown

\$59.99 ~~\$79.99~~

Save \$39

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21679895 LIMIT 2 - Coupon valid through 8/1/20

SUPER COUPON

PITTSBURGH ★★★★★ (1,134)

Rapid Pump® 1.5 Ton Lightweight Aluminum Floor Jack

Compare to K Tool KT163094 \$151.42

Item 64552/64832 64980/64545 shown

\$59.99 ~~\$79.99~~

Save \$91

Use Online & In-Store

21692725 LIMIT 2 - Coupon valid through 8/1/20

SUPER COUPON

MCGRAW ★★★★★ (512)

20 Gallon, 135 PSI Oil-Lube Air Compressors

Compare to Porter-Cable 118903799 \$249.99

Item 56241 64857 shown

\$164.99 ~~\$189.99~~

Save \$85

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21694863 LIMIT 1 - Coupon valid through 8/1/20

SUPER COUPON

HARDY ★★★★★ (267)

Mechanics Gloves

AVAIL. IN SM, MED, LG, XL, XXL

Compare to Valeo 25521 \$14.99

Item 62434, 62426, 62433, 62432, 62429, 64179, 62428, 64178 shown

\$4.99 ~~\$5.99~~

Save 66%

Use Online & In-Store

21695535 LIMIT 4 - Coupon valid through 8/1/20

SUPER COUPON

U.S. GENERAL ★★★★★ (1,423)

30", 5 Drawer Mechanic's Cart

Side tray sold separately.

Compare to Snap-on Blue-Point KRBC10TBPCS \$830

Item 64033, 64722, 64031, 64721, 64059, 64720, 56429

\$199.99 ~~\$239.99~~

Save \$630

YOUR CHOICE OF 7 COLORS

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21708019 LIMIT 1 - Coupon valid through 8/1/20

SUPER COUPON

PITTSBURGH ★★★★★ (1,137)

16 oz. Hammers with Fiberglass Handle

LIFETIME WARRANTY

YOUR CHOICE

\$2.99 ~~\$5.99~~

Save 70%

TYPE ITEM Item 47873 shown

CLAW 69006/60715/60714/47872

RIP 69005/61262/47873

Compare to Kobalt 62742 \$9.98

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21738961 LIMIT 4 - Coupon valid through 8/1/20

SUPER COUPON

PORTLAND ★★★★★ (4,810)

1750 psi Electric Pressure Washer

Compare to Briggs & Stratton 20600 \$174.44

Item 63255 63254 shown

\$79.99 ~~\$99.99~~

Save

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21726673 LIMIT 1 - Coupon valid through 8/1/20

SUPER COUPON

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2000w Super Quiet Inverter Generator

Compare to Honda EU2000i \$1,009

Item 62523

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Orange Inspiration

Houston folk art installation is a mashup devoted to its creator's favorite fruit

AS SOMEONE WHO GREW UP IN Southeast Texas, I know the heat and humidity can drive a person to the brink of insanity. I believe it can also fuel an intense creativity and artistic vision. Mix this inspiration with lots of vitamin C, and you have the formula for one of the strangest art installations in the world: the Orange Show.

After navigating Houston's urban maze, I turned into a neighborhood near the University of Houston, searching for a building-sized work of art. Even though I could see only modest midcentury houses, my phone assured me I was headed in the right direction. Then I found it: one of the state's preeminent folk art installations. From the street, its colorful wrought-iron railings and white stucco walls made it resemble an abandoned carnival attraction. I imagined circus music as I stepped inside the Orange Show, but what I experienced was beauty and intrigue.

The installation began to take shape in 1956, when postal worker Jeff McKissack decided that the world needed to know about the health benefits of his favorite fruit and how hard work and good nutrition were the secret to a long and productive life. Even though he had no formal training in the arts, McKissack picked up scraps of lumber from trash piles and shopped flea markets and, piece by piece, created a maze of staircases, doorways and stages. It's an orange-themed fantasy world.

Past the front gate, every turn revealed diagrams of orange-promoting propaganda. Phrases like "Go Orange. Be Strong" and "Love Me Orange" were inscribed in mosaics across the walls. Dioramas housed a half-dozen mannequins dressed in seemingly



Orange is the new Chet at Houston's Orange Show.

unrelated clothing: One with a hook for a hand stood near a clown who had found happiness by drinking cold, fresh orange juice. Another was Santa's son, in full Christmastime regalia, hoping to plant oranges for everyone. Each display balanced between charmingly whimsical and downright creepy.

Outside, I climbed strange staircases and discovered two open-air stages surrounded by 80 metal tractor seats. Above the stages fluttered 45 metal birds and 10 waving Texas flags. The largest arena was a "pond" that didn't hold water but did hold a stationary boat. What baffled me more than the art was the fact that McKissack had welded, paved and painted the entire experience by himself.


McKissack lived next door to his creation and worked tirelessly on the project until his death in 1980. Soon after, Houston's art community formed a trust to steward the property. Today, the Orange Show Center for Visionary Art makes the

art experience—and visionary art—accessible to the public. Nearby is the foundation's newest project, Smither Park, with meandering paths and bright, mosaic-covered walls created to honor McKissack.

Some folks might wonder why this mashup of materials should be considered art, but that's what makes folk art so amazing. It's usually created by artists without formal training. Did McKissack know that he was creating art? Maybe not. But there's no doubt he loved building it and sharing both his talents and love for citrus with the world.

Walking through the Orange Show is a stroll through the creative process. It's weird. It's wonderful. And it's confusing. I left not really knowing what I had just experienced, and I was thirsty for a big, cold glass of orange juice.

Chet Garner shares his Texplorations as the host of *The Daytripper* on PBS.

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